



Get out of survival mode! You don't want to miss out on *Thrive: Living Faithfully in Difficult Times!* Jen Cowart's study is the perfect resource for any woman who wants to grow in her faith and learn practical tools to navigate life's challenges. With her relatable teaching style and emphasis on developing six essential habits from the Book of James, this study is a must for anyone seeking to deepen their faith while improving their outlook on life.

—Heather M. Dixon, Speaker and Author
of *Determined: Living Like Jesus in Every Moment*



Jen has a relentless heart especially for seeing women go deep with God. In this study, she boldly walks us into the deeper waters of holiness and challenges us to stretch muscles like wisdom and endurance and humility – muscles we all need to exercise more intentionally. Thank you, Jen, for caring for our souls enough to challenge them.

Carolyn Moore, author and founding pastor of Mosaic Church, Evans, Georgia



“Jen Cowart is bold, insightful, theologically orthodox, and has a burning heart for seeing God impact the lives of women. If Jen writes it, I recommend it.”

Shane L. Bishop
Sr. Pastor, Christ Church, Fairview Heights, Illinois



Seldom do you find a teaching resource that inspires as much as it challenges. This is that. Jennifer is a challenging teacher, but also a convincing witness. If you *settle, focus* and *reflect* with this study, you will *Thrive*. I heartedly commend it.

Dr. Maxie Dunnam, author and pastor