



**Abingdon** *Women*<sup>™</sup>  
*Your Life. Your Faith.*





Abingdon Women offers enriching and relevant Bible studies for women who want to know and live God's Word, as well as books that offer inspiration and wisdom for living as a woman of faith.

Our studies are designed for women who want serious Bible study combined with practical and personal life application. Offerings include studies of books and characters of the Bible, as well as studies on specific themes and topics. All currently are video based and include a DVD, a participant book and separate leader guide, or a study guide with leader helps. From in-depth studies to options with lighter homework, there's something for every group!

Group leaders tell us that they love the shorter video segments (most are approximately 25-30 minutes each, and some are even shorter) and the incredibly useful leader materials packed with full session outlines and other great helps—so much more than a basic discussion guide.

Our studies and books are designed for Christian women of all ages and stages of life who are looking for inspiration and encouragement as they navigate the ups and downs of life. From personal faith topics to devotionals and more, our books help women to live in the Word as they live in the world.



*Explore more at  
[AbingdonWomen.com](http://AbingdonWomen.com).*



## Abingdon Women is about

- Rich, Meaningful Bible Study
- Inspirational Books
- Application for Daily Life
- Authors of Excellence
- Emphasis on Grace and Hope
- Growing in Community

*We are here to serve your life and your faith!*

### OUR MISSION

Our mission is to equip women with powerful, Christ-centered Bible studies and inspirational books that transform hearts and lives, cultivate community and discipleship, and help to spread God's love in a hurting world.

### OUR HOPE

It is our hope and prayer that the women who use our resources will grow in their understanding of God's Word, become more like Christ, and be equipped to share God's message of love, hope, and healing in their families, churches, communities, and the world.

### OUR COMMUNITY

Women who choose and use our studies and books have a strong desire to grow in their faith,

become more like Christ, and follow Him in the way that they live, work, and play in the world. They represent every age and stage of life as well as the diverse body of Christ.

### OUR AUTHORS

Abingdon Women authors are women of excellence who are outstanding leaders in women's ministry, the church, and their spheres of influence. They are dynamic writers and speakers who make the Scriptures come alive through engaging and relevant teaching, authentic sharing, and a good dose of humility and humor. All are passionate about helping women grow in their understanding of God's Word and their relationship with Christ, whether through group study or personal reading.





# Melissa Spoelstra

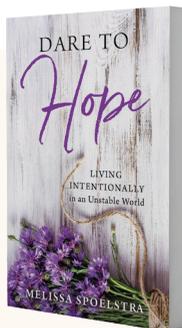
## *Hello, I'm Melissa*

I am madly in love with Jesus and addicted to the study of His Word. I am passionate about knowing Christ and inspiring other women to seek Him by opening our ears to listen to His Spirit, reading His Word curiously, asking questions, exercising careful interpretation, and clinging tightly to God through the storms of life.

As wife to my awesome pastor husband, Sean, and mother to four great kids, Zach, Abby, Sara, and Rachel, I am working out my faith on a daily basis. Between sports practices, doctor's appointments, church stuff, and the minutia of everyday life, I need God's Word to draw me back to the things of first importance, and I am passionate about helping other women to seek Christ and know Him more intimately through Bible study.

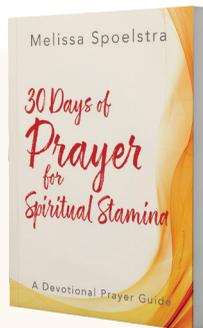
I hold a Bachelor of Arts in Bible Theology and enjoy teaching God's Word to diverse groups and churches within the body of Christ. I am the author of the Bible studies *Romans: Good News that Changes Everything*, *Elijah: Spiritual Stamina in Every Season*, *Numbers: Learning Contentment in a Culture of More*, *Joseph: The Journey to Forgiveness*, *Jeremiah: Daring to Hope in an Unstable World*, and *First Corinthians: Living Love When We Disagree* as well as the books *Dare to Hope: Living Intentionally in an Unstable World*, *30 Days of Prayer for Spiritual Stamina*, *Total Family Makeover: 8 Steps to Making Disciples at Home*, and *Total Christmas Makeover: 31 Devotions to Celebrate with Purpose*. I blog regularly at [MelissaSpoelstra.com](http://MelissaSpoelstra.com). I'm following God through every door He opens and pray that all glory in these endeavors is His alone.

## BOOKS BY MELISSA



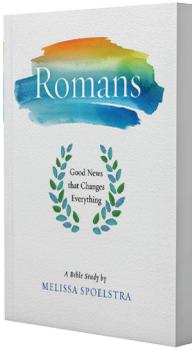
Dare to Hope: Living Intentionally in an Unstable World

9781501879654 \$16.99



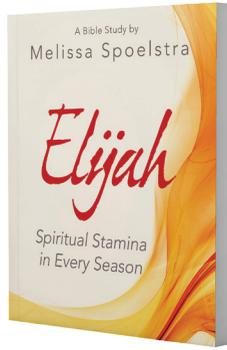
30 Days of Prayer for Spiritual Stamina: A Devotional Prayer Guide

9781501874352 \$9.99



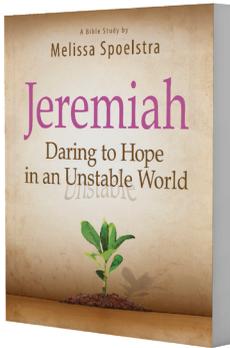
## Romans: Good News that Changes Everything

Participant Workbook 9781501858972 \$16.99  
Leader Guide 9781501858996 \$14.99  
Video – DVD 9781501859016 \$49.99  
Leader Kit 9781501859025 \$79.99



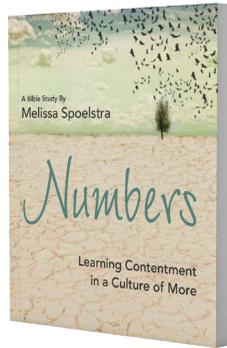
## Elijah: Spiritual Stamina in Every Season

Participant Workbook 9781501858910 \$16.99  
Leader Guide 9781501858934 \$14.99  
Video – DVD 9781501858958 \$49.99  
Leader Kit 9781501858965 \$79.99



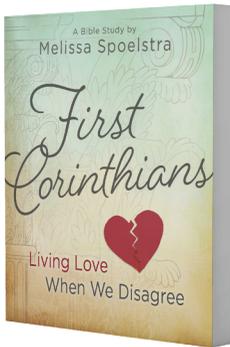
## Jeremiah: Daring to Hope in an Unstable World

Participant Workbook 9781426788871 \$15.99  
Leader Guide 9781426788949 \$13.99  
Video – DVD 9781426788956 \$49.99  
Leader Kit 9781426788970 \$79.99



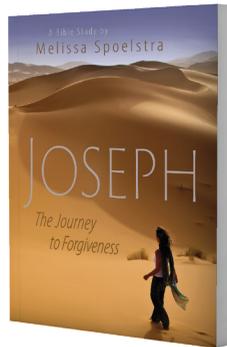
## Numbers: Learning Contentment in a Culture of More

Participant Workbook 9781501801747 \$16.99  
Leader Guide 9781501801761 \$14.99  
Video – DVD 9781501801785 \$49.99  
Leader Kit 9781501801792 \$79.99



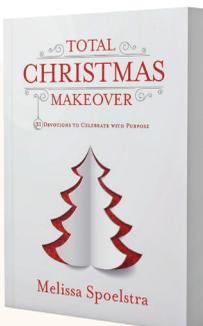
## First Corinthians: Living Love When We Disagree

Participant Workbook 9781501801686 \$15.99  
Leader Guide 9781501801709 \$13.99  
Video – DVD 9781501801723 \$49.99  
Leader Kit 9781501801750 \$79.99



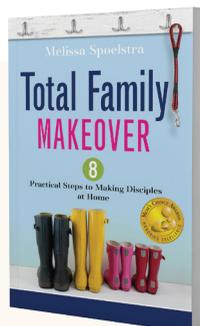
## Joseph: The Journey to Forgiveness

Participant Workbook 9781426789106 \$15.99  
Leader Guide 9781426789115 \$13.99  
Video – DVD 9781426789120 \$49.99  
Leader Kit 9781426789144 \$79.99



## Total Christmas Makeover: 31 Devotions to Celebrate with Purpose

9781501848704 \$16.99



## Total Family Makeover: 8 Practical Steps to Making Disciples at Home

9781501820656 \$16.99



# Barb Roose

## *Hello, I'm Barb*

I love following God more than anything else in life. As a Bible teacher, speaker, and author, I'm passionate about motivating and equipping women to apply the truths of God's Word to the practical realities and challenges they face in today's culture, encouraging them to live with God-empowered strength and dignity. I've seen God's faithfulness firsthand through my battles with anxiety, family addiction issues, and learning to see myself as God's beautiful and valuable daughter.

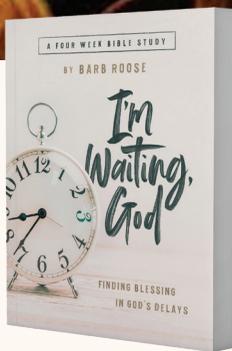
Rather than teach readers to follow God to get what they want, my purpose is to inspire them to discover that God is all they need. I enjoy speaking at conferences and events across the country and internationally, including national platforms such as the Aspire Women's Events. I am the author of the Bible studies *I'm Waiting, God: Finding Blessing in God's Delays*, *Joshua: Winning the Worry Battle*, and *Beautiful Already: Reclaiming God's Perspective on Beauty* and the books *Winning the Worry Battle: Life Lessons from the Book of Joshua* and *Enough Already: Winning Your Ugly Struggle*

*with Beauty*—and a new study coming in Spring of 2020, *Surrendered: Letting Go and Living Like Jesus*. I blog regularly at [BarbRoose.com](http://BarbRoose.com) and host the “Better Together” podcast.

I live in Northwest Ohio and am the proud mama of three amazing adult daughters. A perfect day for me includes sleeping in, taking a long walk, shopping for new shoes, and enjoying a big bowl of chocolate-peanut butter ice cream.

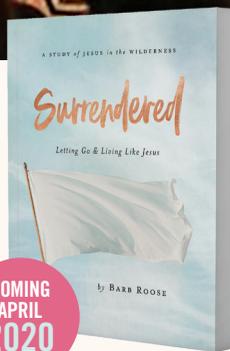
*“Be still, and know  
that I am God; I will  
be exalted among  
the nations, I will be  
exalted in the earth.”*

— **Psalm 46:10**



## I'm Waiting, God: Finding Blessing in God's Delays

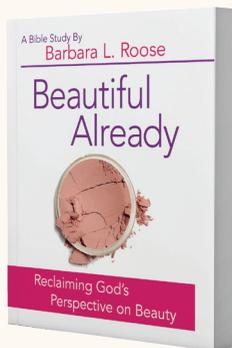
Study Guide with Leader Helps  
9781501888625 \$14.99  
Video – DVD 9781501888649 \$44.99



## Surrendered: Letting Go and Living Like Jesus

Participant Workbook 9781501896286 \$16.99  
Leader Guide 9781501896309 \$14.99  
Video – DVD 9781501896325 \$49.99

COMING  
APRIL  
2020



## Beautiful Already: Reclaiming God's Perspective on Beauty

Participant Workbook 9781501813542 \$15.99  
Leader Guide 9781501813566 \$15.99  
Video – DVD 9781501813580 \$49.99



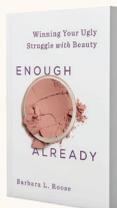
## Joshua: Winning the Worry Battle

Participant Workbook 9781501815605 \$16.99  
Leader Guide 9781501815627 \$14.99  
Video – DVD 9781501815641 \$49.99

### BIBLE STUDY COMPANION BOOK

## Enough Already: Winning Your Ugly Struggle with Beauty

9781426789014 \$15.99



### BIBLE STUDY COMPANION BOOK

## Winning the Worry Battle: Life Lessons from the Book of Joshua

9781501857843 \$16.99





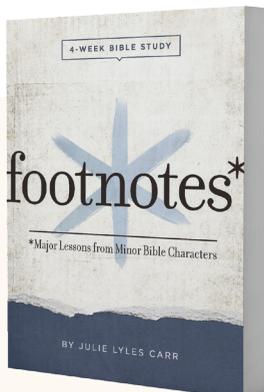
# Julie Lyles Carr

## *Hello, I'm Julie*

I'm a galloping creative raised by a rocket scientist father and an accountant mother who were determined I would be able to find and balance my check book, no matter where my artistic pursuits took me. A good word to describe me is curious: I long to know the backstory to any tale, the bunny trails of little details that help make up the whole. And I love to laugh. That's part of what drew me to my college sweetheart and now husband of thirty years, Michael. He could keep up with my wild trivia binges and still laughs at my attempts to amuse. We've got eight kids. Yep. Eight. We started our marriage thinking maybe none, maybe one; and in that funny way that God can change our stories in the most unexpected ways, here we are at eight children, ranging in age

from twenty-eight down to the twelve-year-old twins. Most of us live in Austin, Texas, with one in Chicago.

I find great joy in writing, speaking, podcasting, audiobook narration, media, consulting, and serving as the women's pastor at LifeAustin in Austin, Texas. It's been such an honor to share the speaking stage and podcast microphone with people I admire, like Bob Goff, Lysa TerKeurst, Beth Moore, Tim Tebow, and Priscilla Shirer, among others. (Name dropping much? But, y'all, really, it has been so fun!) I'm the founder of the non-profit 2dance2dream, which provides artistic and performance opportunities for individuals with special needs. I'm also the published author of several books, and *Footnotes: Major Lessons from Minor Bible Characters* is my first women's Bible study. I'd love to connect with you at [julielylescarr.com](http://julielylescarr.com) and [julielylescarr](https://www.facebook.com/julielylescarr) on the socials.



## Footnotes: Major Lessons from Minor Bible Characters

Study Guide with Leader Helps 9781501888540  
Video – DVD 9781501888564

\$14.99  
\$44.99

# Jennifer Cowart

## *Hello, I'm Jennifer*

I am a lover of many things. First and most important, Jesus! I am also passionately in love with a guy named Jim, my wonderful husband and the father of our two amazing kids, Alyssa and Josh.

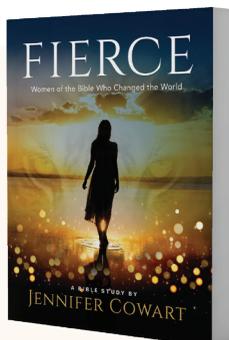
One of my other loves is God's Word. Reading, hearing, studying, and sharing the Bible has been a passion of mine since I was a teenager. Digging into our instruction manual from God and bringing His Word to life is one of the greatest joys of my life. Through speaking and writing, my hope is to help connect the dots from Scripture to life application—to help people (myself included) live their very best life in Christ.

In addition to writing and speaking, I serve as the Executive Pastor at Harvest Church, a



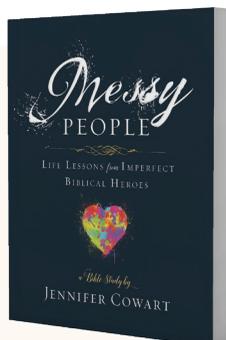
United Methodist Congregation in Warner Robins, Georgia that my husband and I began in 2001. I love the church—and this one in particular. The privilege of partnering with people and doing life together is a blessing. As a Bible teacher and speaker, I hope to bring biblical truth to life through humor, authenticity, and everyday application. I am the author of two women's Bible studies, *Fierce: Women of the Bible Who Changed the World* and *Messy People: Life Lessons from Imperfect Biblical Heroes*, as well as several small group studies that Jim and I have co-written together.

I love to travel. I also love animals. We have two dogs, Sam and Luna, and one beautiful horse, Serenity. Other loves? Ice cream comes to mind—but maybe now I'm sharing more than you want to know.



## Fierce: Women of the Bible Who Changed the World

Participant Workbook  
9781501882906 \$16.99  
Leader Guide 9781501882920 \$14.99  
Video – DVD 9781501882944 \$49.99



## Messy People: Life Lessons from Imperfect Biblical Heroes

Participant Workbook 9781501863127 \$16.99  
Leader Guide 9781501863141 \$14.99  
Video – DVD 9781501863165 \$49.99





# Heather M. Dixon

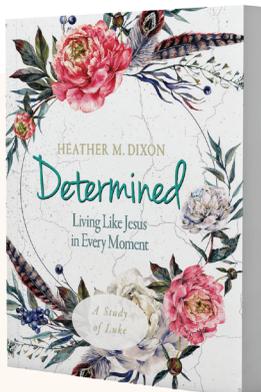
## *Hello, I'm Heather*

I am an author, speaker, wife to the man of my dreams, and mother to a sixth-grade hockey player. I'm also the survivor of Vascular Ehlers-Danlos Syndrome, a genetic connective tissue disorder that makes blood vessels, arteries, and organs prone to spontaneous rupture.

I understand living with a story that's not easy. But there's also this: I love Jesus. And there is still breath in my lungs because God fills them up, even though I've been told that there is no reason why I should be here today. God's Word has carried me through some of the scariest moments of my life—and some of the most wonderful ones too! I believe in the power of God's Word to change

lives, and that is why I am passionate about teaching the Bible and encouraging women in their faith. My goal is to equip women for courageous living by helping them trust in God, face their greatest fears, and choose life, especially when life presents its most difficult circumstances.

To do that, I speak and teach at women's events, blog at [TheRescuedLetters.com](http://TheRescuedLetters.com), serve as a regular contributor for *Journey* magazine, and write and teach Bible studies. When I am not writing or speaking, I love to make the most of everyday moments such as cooking for my husband and son, brainstorming all the possible ways to organize Legos and superheroes, checking out way too many library books, or unashamedly indulging in my love for all things Disney.



## Determined: Living Like Jesus in Every Moment

Participant Workbook 9781501878862	\$16.99
Leader Guide 9781501878886	\$14.99
Video – DVD 9781501879272	\$44.99

# Tiffany Bluhm

## *Hello, I'm Tiffany*

I'm a wife and mom of two boys via adoption and birth. I lead a growing community women's ministry in the Pacific Northwest that offers unique Bible study experiences in a local restaurant and retreats in beautiful settings, and I am passionate about helping women come to know their value and purpose because of who Christ is and what He has done in their lives.

I share my insights on a womanhood spent chasing after Jesus, gathering precious friends to live a life that matters, and rest that refreshes the soul. I've always had a bleeding heart for women. That developed into walking alongside



ordinary women from the city to suburbia and beyond, including single mamas, teen mamas, sex industry workers, women in jail, sisters in brothels, and even mothers living in the slums of Kolkata.

I speak regularly at conferences and events in the States and abroad, cohost the Why Tho podcast, and write for a number of websites, including the YouVersion Bible app, *Deeply Rooted* Magazine, ScaryMommy.com, and my own blog at TiffanyBluhm.com. I am the author of two Bible studies and books, *She Dreams: Live the Life you were Created For*, and *Never Alone: 6 Encounters with Jesus to Heal Your Deepest Hurts*.



### She Dreams: Live the Life You Were Created For

Study Guide with Leader Helps  
9781501878343 \$12.99  
Video – DVD 9781501878567 \$49.99

#### BIBLE STUDY COMPANION BOOK

She Dreams: Live the Life You Were Created For

9781501878529 \$16.99



### Never Alone: 6 Encounters with Jesus to Heal Your Deepest Hurts

Participant Workbook 9781501845826 \$16.99  
Leader Guide 9781501845840 \$14.99  
Video – DVD 9781501845864 \$49.99

#### BIBLE STUDY COMPANION BOOK

Never Alone: Exchanging Your Tender Hurts for God's Healing Grace

9781501848656 \$16.99



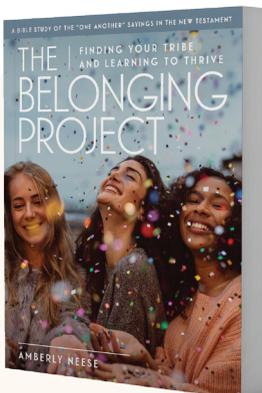


# Amberly Neese

## *Hello, I'm Amberly*

I'm a speaker, humorist, and encourager with a passion for "GRINspiring" others. As a featured speaker for the Aspire Women's Events and the main host/female comedian for Marriage Date Night, two popular Christian events that tour nationally, I love touching the hearts, minds, and funny bones of people all over the country. The Bible says that laughter is good medicine, and I've found it's also like glue—helping the truths of God's Word to "stick." I love to remind women of the power and hope found in Scripture. Through a flair for storytelling and a love for Jesus, I candidly open up my story alongside God's Word to encourage others in their walk with Him.

With a Master's Degree from Biola University, I serve as an adjunct professor at Grand Canyon University and as the Chief Experience Officer at UCYC (United Christian Youth Camp). My husband, Scott, and I have two teenagers and live in Prescott, Arizona, where we enjoy the great outdoors, the Food Network, and all things Star Wars. I am the author of *The Belonging Project*, *Finding Your Tribe* and *Learning to Thrive* my first women's Bible study.

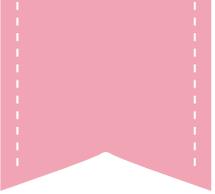


Coming May  
**2020**

## The Belonging Project: Finding Your Tribe and Learning to Thrive

Study Guide with Leader Helps 9781501898754  
Video – DVD 9781501898778

\$16.99  
\$44.99



# Marian Jordan Ellis

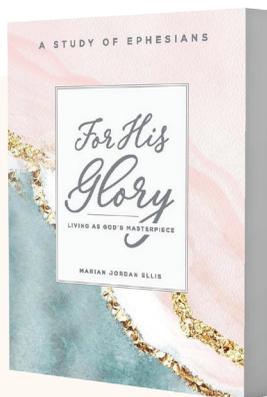
## *Hello, I'm Marian*

I am passionate about Jesus and helping women experience the victorious Christian life, which means I'm also passionate about studying and teaching God's Word. After graduating from seminary, I served on the teaching staff of a large church in Houston for many years; and currently I am Director of Women's Ministry at Mission City Church in San Antonio, where I host a monthly community Bible study gathering for hundreds of women.

As the founder and president of Redeemed Girl Ministries, a global movement of women transformed by the grace and truth of Jesus Christ, I speak frequently at women's conferences and events both domestically



and internationally. When I'm not on the road, I enjoy connecting with women through my Bible teachings and blog articles on my website RedeemedGirl.org and the Redeemed Girl App and YouTube channel. I am the author of one Bible study, *For His Glory: Living as God's Masterpiece* (a verse-by-verse study of Ephesians), and numerous books, including *Stand: Rising Up Against Darkness, Temptation, and Persecution*. I live in San Antonio with my husband, Justin, three children (Andrew, Brenden, and Sydney), and one very spoiled dog, London.



## For His Glory: Living as God's Masterpiece

Participant Workbook 9781501888687  
Leader Guide 9781501888700  
Video – DVD 9781501888724

\$16.99  
\$14.99  
\$49.99

Coming April  
**2020**



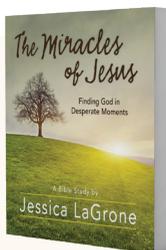


# Jessica LaGrone

## *Hello, I'm Jessica*

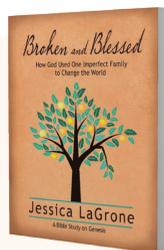
I am a teacher, speaker, writer, ordained pastor, and Dean of the Chapel at Asbury Theological Seminary in Wilmore, Kentucky. I am also mother to my two children, Drew and Kate, and wife to my husband, Jim. My blog at [JessicaLaGrone.com](http://JessicaLaGrone.com) chronicles my dual roles of pastor and mom. It is a blog about having a foot in two worlds and being imperfect, inadequate, and available to God in both at the same time.

I enjoy speaking at retreats and events at churches throughout the United States. My books and studies include *The Miracles of Jesus: Finding God in Desperate Moments*, *Set Apart: Holy Habits of Prophets and Kings*, *Broken and Blessed: How God Used One Imperfect Family to Change the World*, *Namesake: When God Rewrites Your Story*, and *Inside the Miracles of Jesus: Discovering the Power of Desperation*.



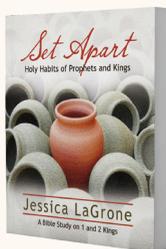
### The Miracles of Jesus: Finding God in Desperate Moments

Participant Workbook 9781501855452 \$16.99  
Leader Guide 9781501855414 \$14.99  
Video – DVD 9781501855438 \$49.99



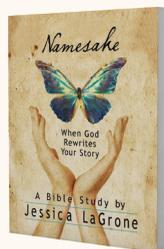
### Broken and Blessed: How God Used One Imperfect Family to Change the World

Participant Workbook 9781426778577 \$15.99  
Leader Guide 9781426778384 \$13.99  
Video – DVD 9781426778391 \$49.99



### Set Apart: Holy Habits of Prophets and Kings

Participant Workbook 9781426778421 \$15.99  
Leader Guide 9781426778438 \$13.99  
Video – DVD 9781426778452 \$49.99



### Namesake: When God Rewrites Your Story

Participant Workbook 9781426761874 \$15.99  
Leader Guide 9781426761881 \$13.99  
Video – DVD 9781426761898 \$39.99

## BOOKS BY JESSICA

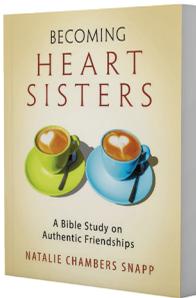
Inside the Miracles of Jesus: Discovering the Power of Desperation

9781501870781 \$16.99

Broken & Blessed: God Changes the World One Person and One Family at a Time

9781426774911 \$15.99

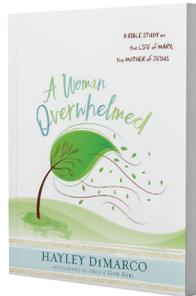
## Other Bible Studies from Abingdon Women -----



### Becoming Heart Sisters: A Bible Study on Authentic Friendships

*Natalie Chambers Snapp*

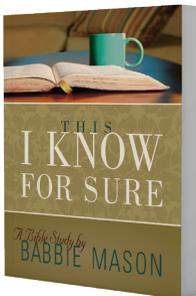
Participant Workbook 9781501821202 \$15.99  
 Leader Guide 9781501821226 \$13.99  
 Video – DVD 9781501821240 \$49.99



### A Woman Overwhelmed: A Bible Study on Mary, the Mother of Jesus

*Hayley DiMarco*

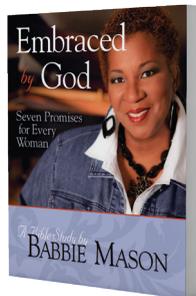
Participant Workbook 9781501839924 \$15.99  
 Leader Guide 9781501839948 \$13.99  
 Video – DVD 9781501839962 \$49.99



### This I Know For Sure: Taking God at His Word

*Babbie Mason*

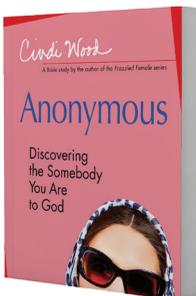
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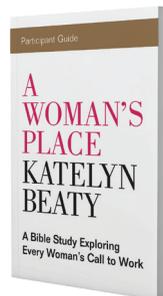
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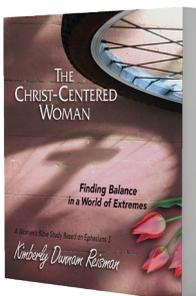
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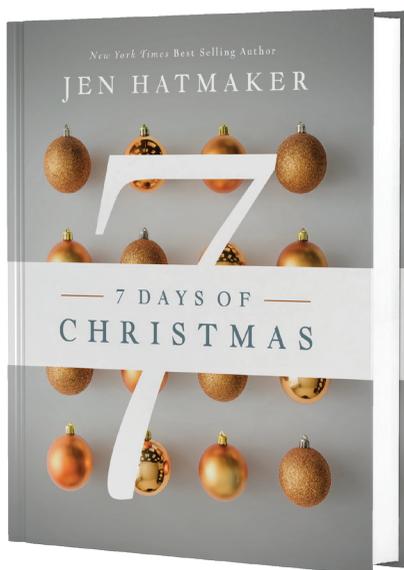
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*The grass dries up;  
 the flower withers,  
 but our God's word  
 will exist forever.*

— **James 1:17**

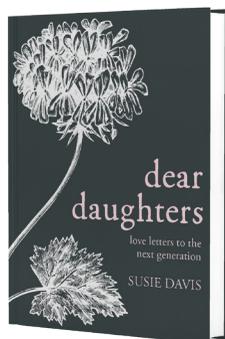




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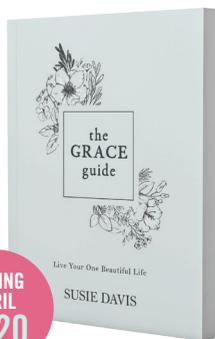
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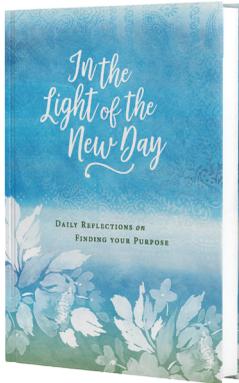


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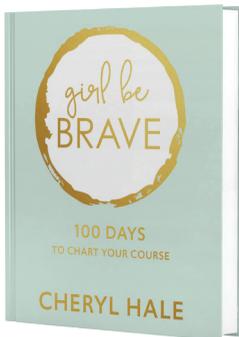
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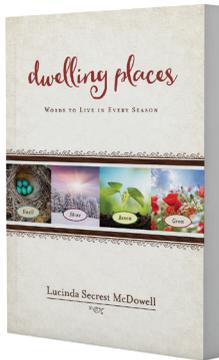
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— James 1:17



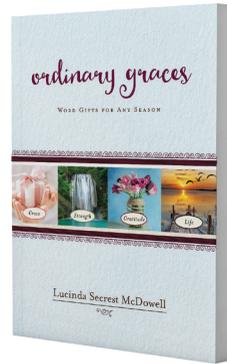
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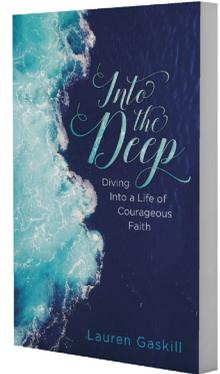
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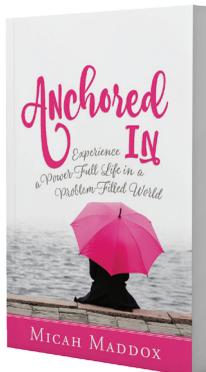
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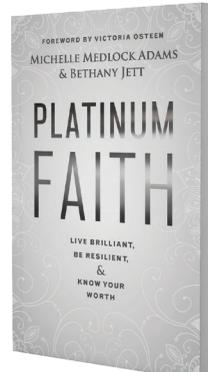
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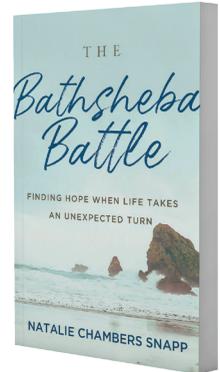
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*Don't stop meeting together with other believers, which some people have gotten into the habit of doing. Instead, encourage each other, especially as you see the day drawing near.*

— **Hebrews 10:25**

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