



Abingdon

Women™

Your Life. Your Faith.

BIBLE  
STUDIES



**ABINGDON WOMEN** offers enriching and relevant Bible studies for women who want to know and live God's Word, as well as books that offer inspiration and wisdom for living as a woman of faith.

Our studies are designed for women who want serious Bible study combined with practical and personal life application. Offerings include studies of books and characters of the Bible, as well as studies on specific themes and topics. All currently are video based and include a participant book and separate leader guide, or a study guide with leader helps. Video sessions are available on DVD, from any device with an [AmplifyMedia.com](http://AmplifyMedia.com) subscription, or streaming from [Cokesbury.com](http://Cokesbury.com).

From in-depth studies to options with lighter homework, there's something for every group!

Group leaders tell us that they love the shorter video segments (most are approximately 25-30 minutes each, and some are even shorter) and the incredibly useful leader materials packed with full session outlines and other great helps—so much more than a basic discussion guide.

Our studies and books are designed for Christian women of all ages and stages of life who are looking for inspiration and encouragement as they navigate the ups and downs of life. From personal faith topics to devotionals and more, our books help women to live in the Word as they live in the world.

### **ABINGDON WOMEN IS ABOUT**

- Rich, Meaningful Bible Study
- Inspirational Books
- Application for Daily Life
- Authors of Excellence
- Emphasis on Grace and Hope
- Growing in Community

*We are here to serve your life and your faith!*



### **OUR MISSION**

Our mission is to equip women with powerful, Christ-centered Bible studies and inspirational books that transform hearts and lives, cultivate community and discipleship, and help to spread God's love in a hurting world.

### **OUR HOPE**

It is our hope and prayer that the women who use our resources will grow in their understanding of God's Word, become more like Christ, and be equipped to share God's message of love, hope, and healing in their families, churches, communities, and the world.

### **OUR COMMUNITY**

Women who choose and use our studies and books have a strong desire to grow in their faith, become more like Christ, and follow Him in the way that they live, work, and play in the world. They represent every age and stage of life as well as the diverse body of Christ.

### **OUR AUTHORS**

Abingdon Women authors are women of excellence who are outstanding leaders in women's ministry, the church, and their spheres of influence. They are dynamic writers and speakers who make the Scriptures come alive through engaging and relevant teaching, authentic sharing, and a good dose of humility and humor. All are passionate about helping women grow in their understanding of God's Word and their relationship with Christ, whether through group study or personal reading.

# MELISSA SPOELSTRA

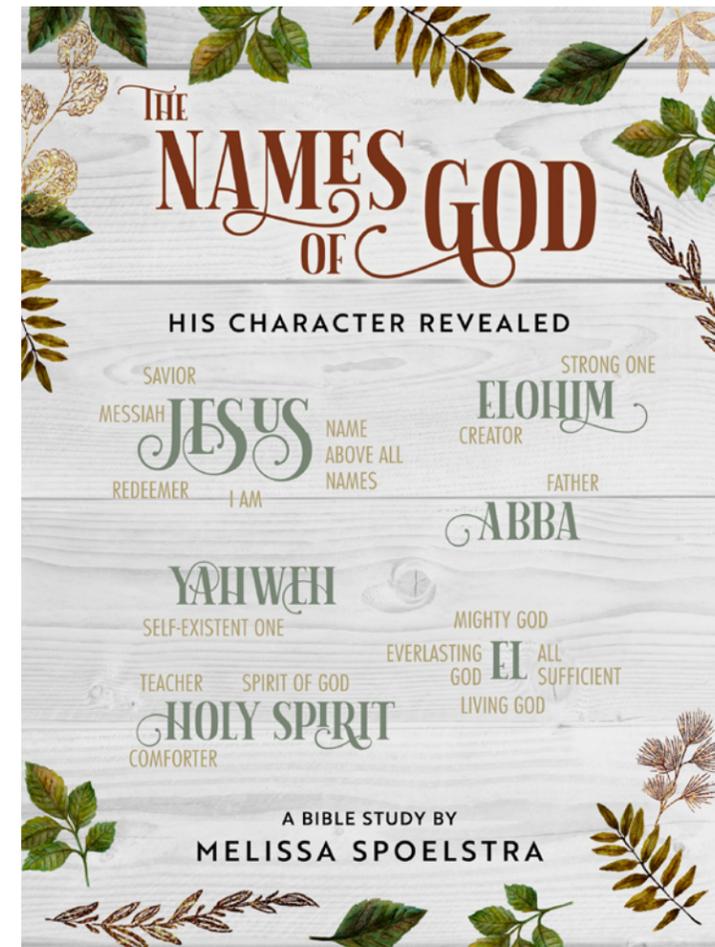
*Jesus Christ is the same yesterday, today, and forever.*

HEBREWS 13:8 (NLT)

## *Hello, I'm Melissa*

I am madly in love with Jesus and addicted to the study of His Word. I am passionate about knowing Christ and inspiring other women to seek Him by opening our ears to listen to His Spirit, reading His Word curiously, asking questions, exercising careful interpretation, and clinging tightly to God through the storms of life. As wife to my awesome pastor husband, Sean, and mother to four great kids, Zach, Abby, Sara, and Rachel, I am working out my faith on a daily basis. Between sports practices, doctor's appointments, church stuff, and the minutia of everyday life, I need God's Word to draw me back to the things of first importance, and I am passionate about helping other women to seek Christ and know Him more intimately through Bible study.

I hold a Bachelor of Arts in Bible Theology and enjoy teaching God's Word to diverse groups and churches within the body of Christ. I am the author of the Bible studies *The Names of God: His Character Revealed*; *Romans: Good News that Changes Everything*; *Elijah: Spiritual Stamina in Every Season*; *Numbers: Learning Contentment in a Culture of More*; *Joseph: The Journey to Forgiveness*; *Jeremiah: Daring to Hope in an Unstable World*; and *First Corinthians: Living Love When We Disagree* as well as the books *Dare to Hope: Living Intentionally in an Unstable World*; *30 Days of Prayer for Spiritual Stamina*; *Total Family Makeover: 8 Steps to Making Disciples at Home*; and *Total Christmas Makeover: 31 Devotions to Celebrate with Purpose*. I blog regularly at [MelissaSpoelstra.com](http://MelissaSpoelstra.com). I'm following God through every door He opens and pray that all glory in these endeavors is His alone.



### ***The Names of God: His Character Revealed***

Participant Workbook  
9781501878084 \$16.99  
Leader Guide  
9781501878107 \$14.99  
Video Sessions  
9781501878121 \$49.99\*  
Leader Kit  
9781501878190 \$79.99

### **ACTIVITY FROM THE NAMES OF GOD**

God made us in His own image. While you may not like the texture of your hair, the size of your feet, or your artistic ability, Elohim made you that way. His original design was based on His own image. When we look in the mirror, we see a reflection of our image. We also see a reflection of Elohim's image, hardwired into our DNA.

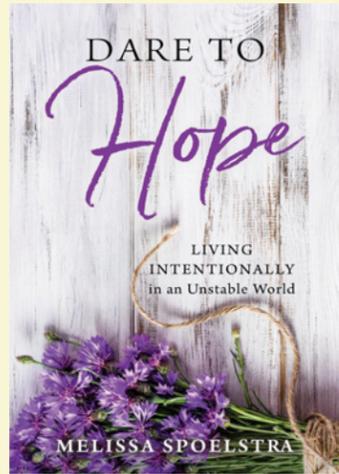
**What if you really were to view yourself as made in the image of God?  
How would that affect your self-talk and confidence level?**

\*Video sessions are available on DVD, from any device with an AmplifyMedia.com subscription, or streaming from Cokesbury.com.

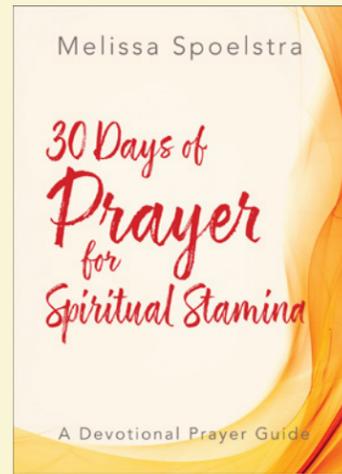


# MELISSA SPOELSTRA

BOOKS BY MELISSA



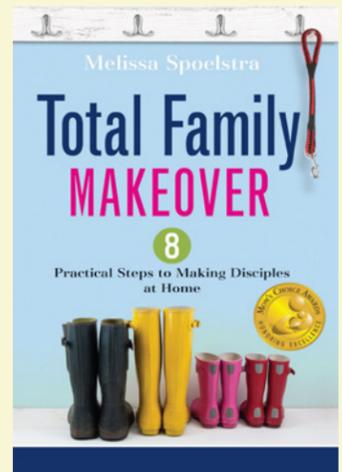
**Dare to Hope: Living Intentionally in an Unstable World**  
9781501879654 \$16.99



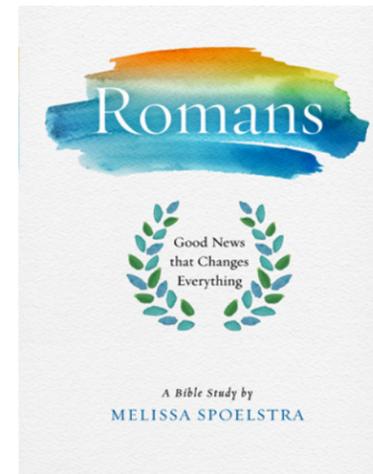
**30 Days of Prayer for Spiritual Stamina: A Devotional Prayer Guide**  
9781501874352 \$9.99



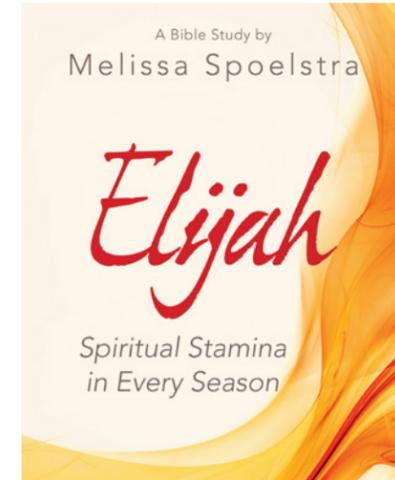
**Total Christmas Makeover: 31 Devotions to Celebrate with Purpose**  
9781501879654 \$16.99



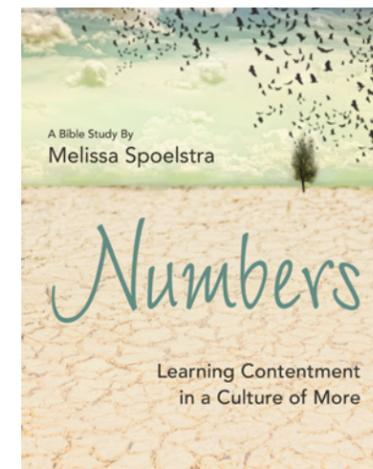
**Total Family Makeover: 8 Practical Steps to Making Disciples at Home**  
9781501820656 \$16.99



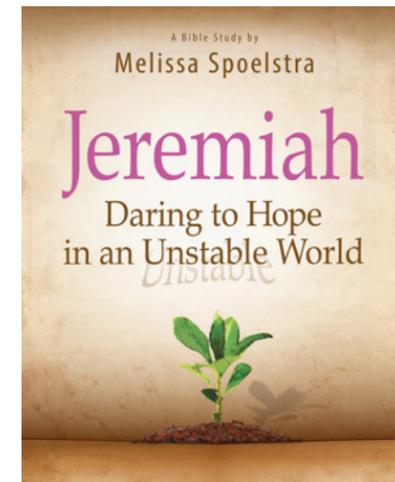
**Romans: Good News that Changes Everything**  
Participant Workbook 9781501838972 \$16.99  
Leader Guide 9781501838996 \$14.99  
Video Sessions 9781501839016 \$49.99\*  
Leader Kit 9781501839023 \$79.99



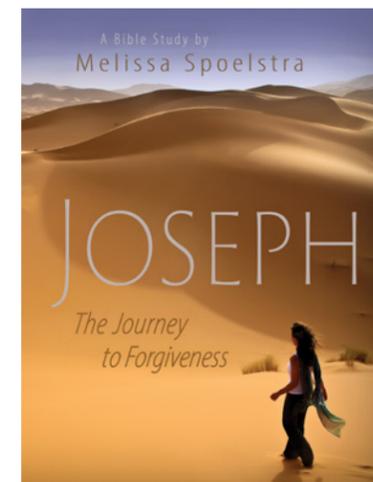
**Elijah: Spiritual Stamina in Every Season**  
Participant Workbook 9781501838910 \$16.99  
Leader Guide 9781501838934 \$14.99  
Video Sessions 9781501838958 \$49.99\*  
Leader Kit 9781501838965 \$79.99



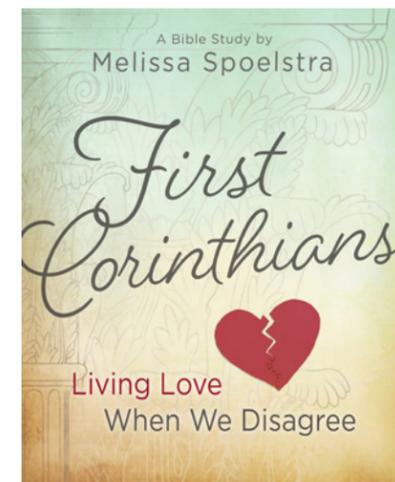
**Numbers: Learning Contentment in a Culture of More**  
Participant Workbook 9781501801747 \$16.99  
Leader Guide 9781501801761 \$14.99  
Video Sessions 9781501801785 \$49.99\*  
Leader Kit 9781501801792 \$79.99



**Jeremiah: Daring to Hope in an Unstable World**  
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Leader Guide 9781426788949 \$13.99  
Video Sessions 9781426788956 \$49.99\*  
Leader Kit 9781426788970 \$79.99



**Joseph: The Journey to Forgiveness**  
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Leader Guide 9781426789113 \$13.99  
Video Sessions 9781426789120 \$49.99\*  
Leader Kit 9781426789144 \$79.99



**First Corinthians: Living Love When We Disagree**  
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Leader Guide 9781501801709 \$13.99  
Video Sessions 9781501801723 \$49.99\*  
Leader Kit 9781501801730 \$79.99

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# BARB ROOSE

*[There's] a right time to hold on and another to let go.*

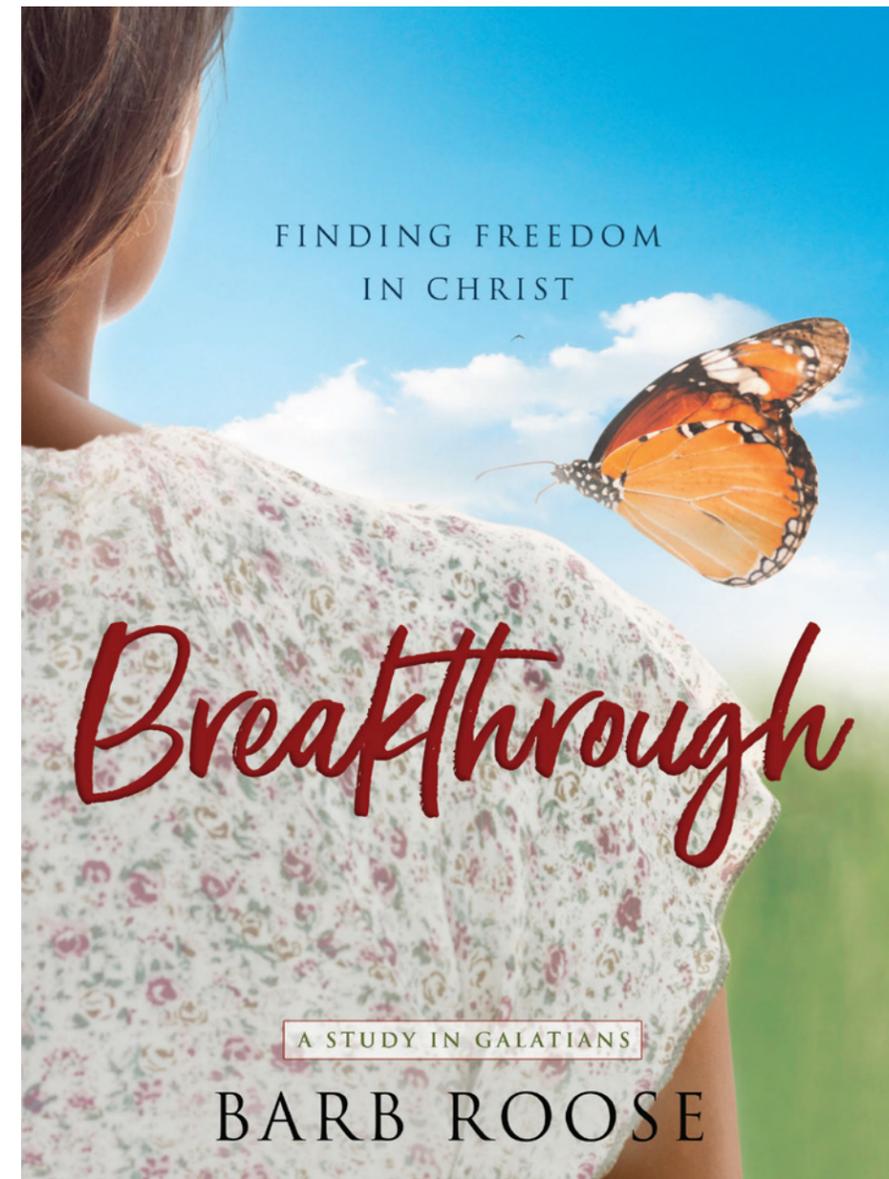
ECCLESIASTES 3:6 (MSG)

## *Hello, I'm Barb*

I love following God more than anything else in life. As a Bible teacher, speaker, and author, I'm passionate about motivating and equipping women to apply the truths of God's Word to the practical realities and challenges they face in today's culture, encouraging them to live beautifully strong and courageous in Christ. I've seen God's faithfulness firsthand through my battles with anxiety, parenting challenges, family addiction issues and long seasons of unanswered prayer. Rather than teach audiences to follow God to get what they want, my purpose is to inspire them to discover that God is all they need. I enjoy speaking at conferences and events across the country and internationally, including national platforms such as the Aspire Women's Events.

I am the author of the Bible studies *Surrendered: Letting Go and Living Like Jesus*; *I'm Waiting, God: Finding Blessing in God's Delays*; *Joshua: Winning the Worry Battle*; *Beautiful Already: Reclaiming God's Perspective on Beauty*; a new study coming in Spring of 2021: *Breakthrough: Finding Freedom in Christ*; and the books *Surrendered: 40 Devotions to Help You Let Go and Live Like Jesus*; *Winning the Worry Battle: Life Lessons from the Book of Joshua*; and *Enough Already: Winning Your Ugly Struggle with Beauty*.

I blog regularly at [BarbRoose.com](http://BarbRoose.com) and host the "Better Together" Facebook Live events and podcast. I live in Northwest Ohio and am the proud mama of three amazing adult daughters. I love traveling, reading and whenever possible, I prefer to eat dessert first.



### ***Breakthrough: Finding Freedom in Christ***

Participant Workbook 9781791014223 \$16.99

Leader Guide 9781791014247 \$14.99

Video Sessions 9781791014261 \$49.99\*

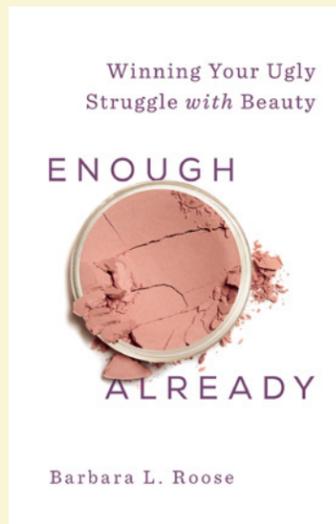
# COMING APRIL 2021

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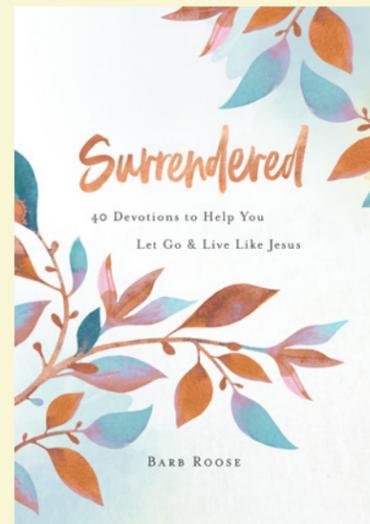


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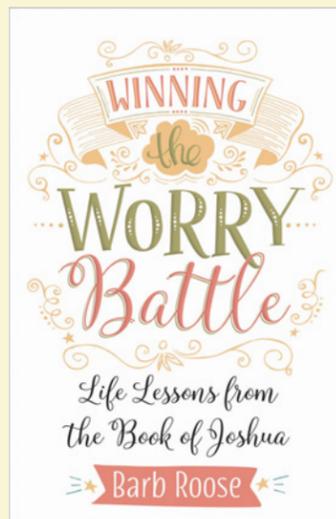
BOOKS BY BARB



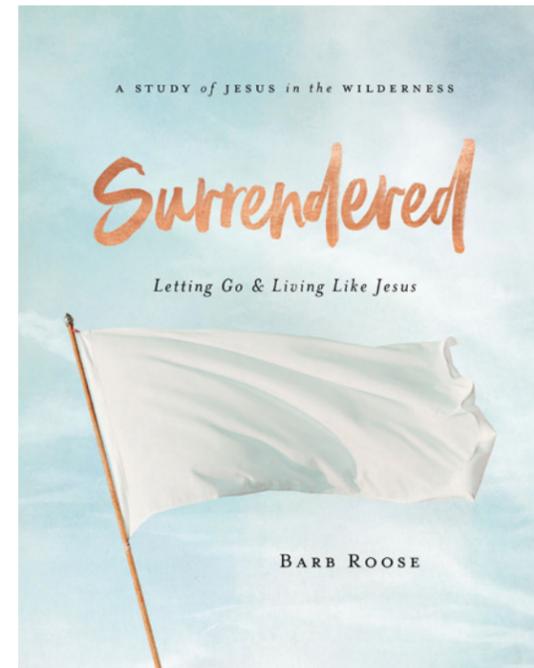
**Enough Already:**  
Winning Your Ugly  
Struggle with Beauty  
9781426789014  
\$15.99



**Surrendered: 40  
Devotions to Help  
You Let Go & Live  
Like Jesus**  
9781791007997  
\$14.99



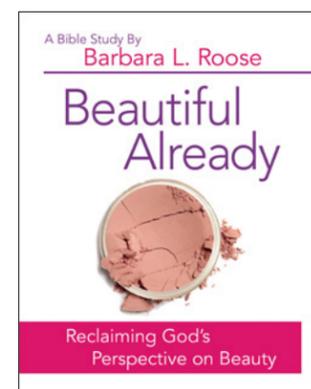
**Winning the Worry Battle:**  
Life Lessons from the Book  
of Joshua  
9781501857843 \$16.99



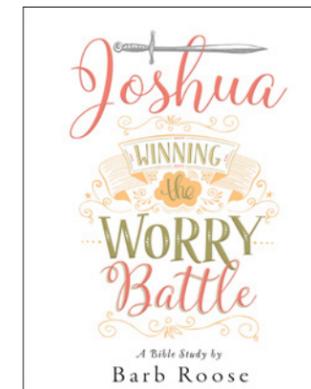
**Surrendered:  
Letting Go  
and Living  
Like Jesus**  
Participant Workbook  
9781501896286 \$16.99  
Leader Guide  
9781501896309 \$14.99  
Video Sessions  
9781501896323 \$49.99\*



**I'm Waiting, God: Finding  
Blessing in God's Delays**  
Participant Workbook  
with Leader Helps  
9781501888625 \$14.99  
Video Sessions  
9781501888649 \$44.99\*



**Beautiful Already:  
Reclaiming God's  
Perspective on Beauty**  
Participant Workbook  
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Leader Guide  
9781501813566 \$13.99  
Video Sessions  
9781501813580 \$49.99\*



**Joshua:  
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Worry Battle**  
Participant Workbook  
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Leader Guide  
9781501813627 \$14.99  
Video Sessions  
9781501813641 \$49.99\*

## ACTIVITY FROM SURRENDERED



**SURRENDER PRINCIPLE #1:**  
I am not in control of others or outcomes.

You know that this is true, but sometimes, it's helpful to have a short sentence to repeat as a reminder. Now, I'm going to invite you to take a tangible first step toward letting go and making a declaration of surrender to God. You can do this by filling in the blanks below:

### My Declaration of Surrender

Dear God, I am tired of trying to fix/solve

In the past I have tried to \_\_\_\_\_

and I have felt discouraged and defeated because this situation is out of my control.

But God, You can handle this situation. So today I surrender myself and my situation to You. Over the next few weeks of this study, I commit to learning what it means to walk in surrender. But for today, I declare that I am willing to let go of this situation and give it to You.

I surrender.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

### Prayer

Thank You, God, for being God. There are situations in my life that I cannot handle, and I am grateful that You can. So, as I've written in my declaration, I'm giving those situations over to You. Thank You for taking care of me and what I cannot control. In Jesus' name. Amen.

\*Video sessions are available on DVD, from any device with an AmplifyMedia.com subscription, or streaming from Cokesbury.com.

# HEATHER M. DIXON

*You wearied yourself by such going about, but you would not say, 'It is hopeless.' You found renewal of your strength, and so you did not faint.*

ISAIAH 57:10 (NIV)

## *Hello, I'm Heather*

I am an author, speaker, wife to the man of my dreams, and mother to an eighth-grade hockey player. I'm also the survivor of Vascular Ehlers-Danlos Syndrome, a genetic connective tissue disorder that makes blood vessels, arteries, and organs prone to spontaneous rupture. I understand living with a story that's not easy. But there's also this: I love Jesus. And there is still breath in my lungs because God fills them up, even though I've been told that there is no reason why I should be here today. God's Word has carried me through some of the scariest moments of my life—and some of the most wonderful ones too!

I believe in the power of God's Word to change lives, and that is why I am passionate about teaching the Bible and encouraging women in their faith. My goal is to equip women for courageous living by helping them trust in God, face their greatest fears, and choose life, especially when life presents its most difficult circumstances. To do that, I speak and teach at women's events, blog at [TheRescuedLetters.com](http://TheRescuedLetters.com), and write and teach Bible studies. I am the author of the Bible studies *Determined: Living Like Jesus in Every Moment* and *Renewed: Finding Hope When You Don't Like Your Story*. When I am not writing or speaking, I love to make the most of everyday moments such as cooking for my husband and son, checking out way too many library books, or unashamedly indulging in my love for all things Disney.



### ACTIVITY FROM *RENEWED*

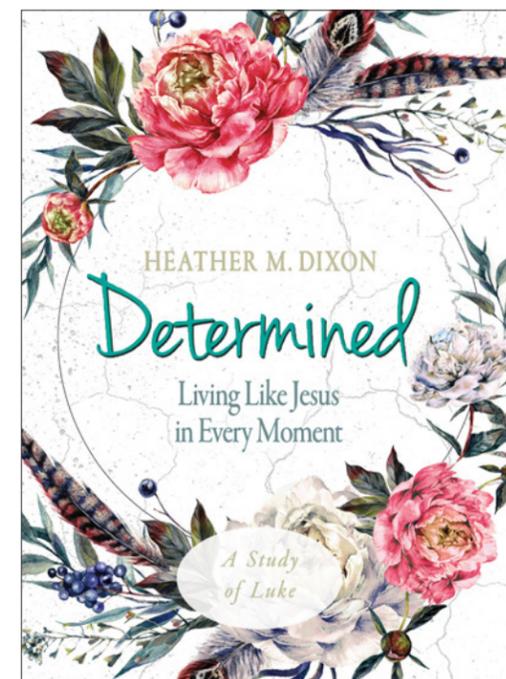
Take a moment to think of all the things in your story that still bring anxiety, fear, or grief. Write each one underneath the wings below. As you do, you might even repeat out loud the words of Ezekiel 16:8, reminding yourself that God's love covers every single piece of your story.



#### ***Renewed: Finding Hope When You Don't Like Your Story***

Participant Workbook with Leader Helps  
9781791006174 \$14.99

Video Sessions  
9781791006198 \$44.99\*



#### ***Determined: Living Like Jesus in Every Moment***

Participant Workbook  
9781501878862 \$16.99

Leader Guide  
9781501878886 \$14.99

Video Sessions  
9781501879272 \$44.99\*

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# JENNIFER COWART



## Hello, I'm Jennifer

I'm a lover of many things—most importantly, Jesus! Growing up in church I knew the stories of God, but it wasn't until I was 14 that I developed a personal relationship with Christ. That day changed my life. Since then I have tenaciously followed Jesus (some days closer than others), but always with the goal of one day seeing Him in heaven and being able to run straight to Him and seeing a grin on His face.

I also am passionately in love with a guy named Jim. We met my first day of college and disliked each other right away. (It's a great story that I'd love to tell you one day.) About a year later, though, we shared a lunch table and my heart has never been the same. He's absolutely awesome!

Then there are the kids—Alyssa and Josh. People tell you that being a mom will change your life, but you really don't understand that until you hold that baby for the first time. What a joy they are! Most recently, our family has expanded as Alyssa married a great guy—our newest family member, Drew.

One of my other loves is God's Word. Reading, hearing, studying, and sharing the Bible have been passions for me since I was a teenager. Digging into our instruction manual from God and bringing His Word to life is one of the greatest joys of my life. Through speaking and writing, my hope is to help connect the dots from Scripture to life application—to help people (me included) live their very best life in Christ. I am the author of the women's Bible studies *Fierce: Women of the Bible Who Changed the World*; *Messy People: Life Lessons from Imperfect Biblical Heroes*; a new study coming in Spring of 2021: *Pursued: God's Relentless Love for You*; and several small group studies that Jim and I have co-written together.

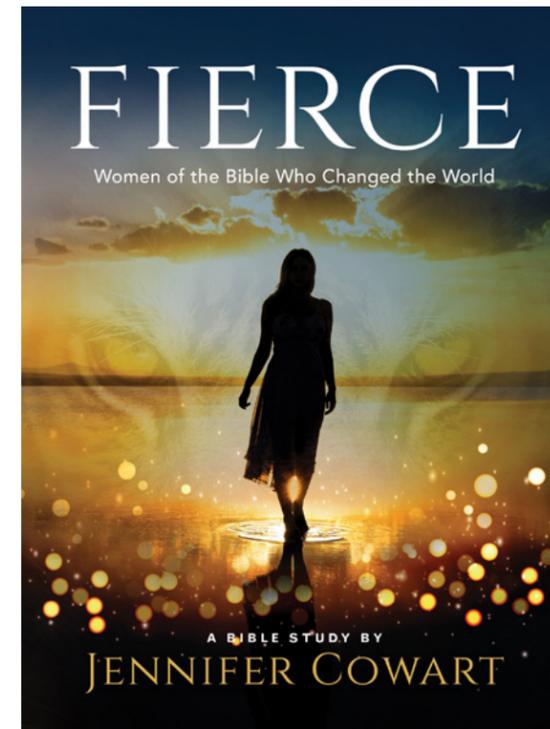
In addition to writing and speaking, I serve as the Executive Pastor at Harvest Church in Warner Robins, Georgia. I love the church, this one in particular. The privilege of partnering with people and doing life together is a blessing.

For fun—well, all of the above is fun most of the time—but in addition, I love to travel. The bigger the adventure, the better! I also love animals. We have two dogs, Sam and Luna, and one beautiful horse, Serenity. Other loves? Ice cream comes to mind—but maybe now I'm sharing more than you want to know.

I'd love to connect with you and hear what God is teaching you. Or, let me know when your group meets and maybe I can drop in for a video visit! Contact me at [jennifercowart.org](http://jennifercowart.org).

*What shall we say about such wonderful things as these?  
If God is for us, who can ever be against us?*

ROMANS 8:31 (NLT)



### ACTIVITY FROM *FIERCE*

There are so many things I have not attempted in life because of fears. Trying out for cheerleading in middle school: fear of failure. Participating in a game show: fear of humiliation. Joining my kids in rock climbing: fear of not being able to keep up. Fears often hold us back from our best life.

**What fears might be holding you back from your best life?**

### *Fierce: Women of the Bible Who Changed the World*

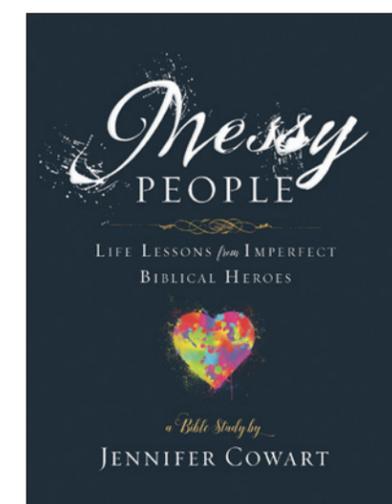
Participant Workbook  
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Leader Guide  
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Video Sessions  
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**COMING  
APRIL  
2021**

### *Pursued: God's Relentless Love For YOU*

Participant Workbook  
9781791014759 \$16.99  
Leader Guide  
9781791014773 \$14.99  
Video Sessions  
9781791014797 \$49.99\*



### *Messy People: Life Lessons from Imperfect Biblical Heroes*

Participant Workbook  
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Leader Guide  
9781501863141 \$14.99  
Video Sessions  
9781501863165 \$49.99\*

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# JULIE LYLES CARR

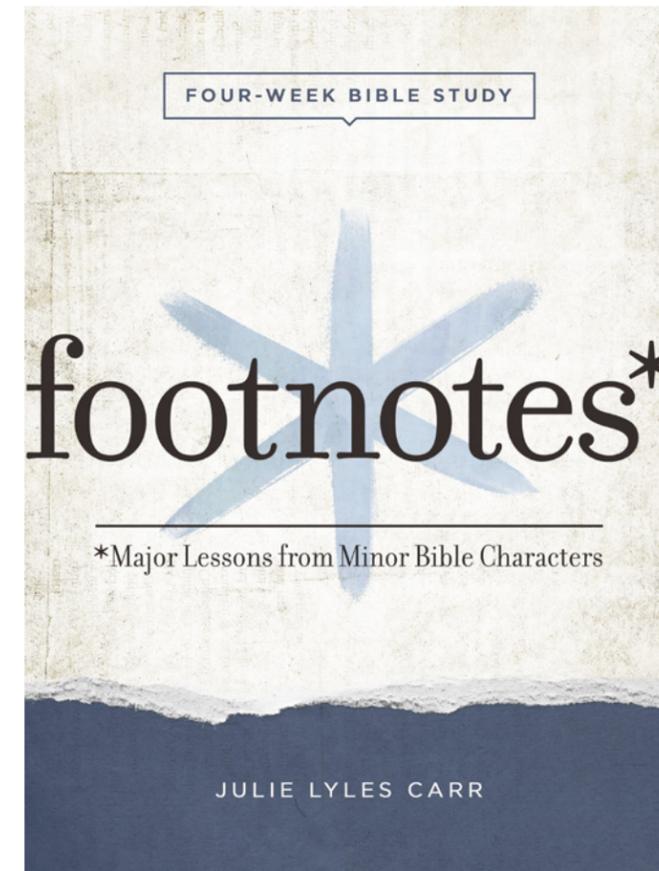
*For everything that was written in the past was written to teach us, so that through the endurance taught in the Scriptures and the encouragement they provide we might have hope.*

ROMANS 15:4 (NIV)

## *Hello, I'm Julie*

I'm a galloping creative raised by a rocket scientist father and an accountant mother who were determined I would be able to find and balance my checkbook, no matter where my artistic pursuits took me. A good word to describe me is curious: I long to know the backstory to any tale, the bunny trails of little details that help make up the whole. And I love to laugh. That's part of what drew me to my college sweetheart and now husband of thirty years, Michael. He could keep up with my wild trivia binges and still laughs at my attempts to amuse. We've got eight kids. Yep. Eight. We started our marriage thinking maybe none, maybe one; and in that funny way that God can change our stories in the most unexpected ways, here we are at eight children, ranging in age from twenty-nine down to the thirteen-year-old twins. And we've recently added a daughter-in-law and a son-in-law to the crew!

Most of us live in Austin, Texas, with one in Chicago. I find great joy in writing, speaking, podcasting, audiobook narration, media, consulting, and serving as the women's pastor at LifeAustin in Austin, Texas. It's been such an honor to share the speaking stage and podcast microphone with people I admire, like Bob Goff, Lysa TerKeurst, Beth Moore, Tim Tebow, and Priscilla Shirer, among others. (Name dropping much? But, y'all, really, it has been so fun!) I'm also the published author of several books, and *Footnotes: Major Lessons from Minor Bible Characters* is my first women's Bible study. I'd love to connect with you at [julielylescarr.com](http://julielylescarr.com) and [julielylescarr](https://www.facebook.com/julielylescarr) on the socials.



**Footnotes:**  
**Major Lessons from**  
**Minor Bible Characters**  
Participant Study Guide with Leader Helps  
9781501888540 \$14.99  
Video Sessions  
9781501888564 \$44.99\*

### ACTIVITY FROM FOOTNOTES

I'm guessing there's something that's been banging around in your heart. Something that somebody should do something about. Sister Somebody, I'm looking at you. *You*. You can make a huge difference. Pray that God reveals the right season. Pray for God to connect you in the right ways. Pray for courage. And step out there.

**What is that need you've discovered, that pain you've uncovered, that thing you've been saying "somebody should do something" about?**

**Would you say this is something you have a burden for? And by *burden* I mean that it's a need or a topic that keeps showing up on your radar, that keeps a fire lit in your heart.**

\*Video sessions are available on DVD, from any device with an AmplifyMedia.com subscription, or streaming from Cokesbury.com.

# MARIAN JORDAN ELLIS

*"I am the door. If anyone enters by me, he will be saved and will go in and out and find pasture. The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly."*

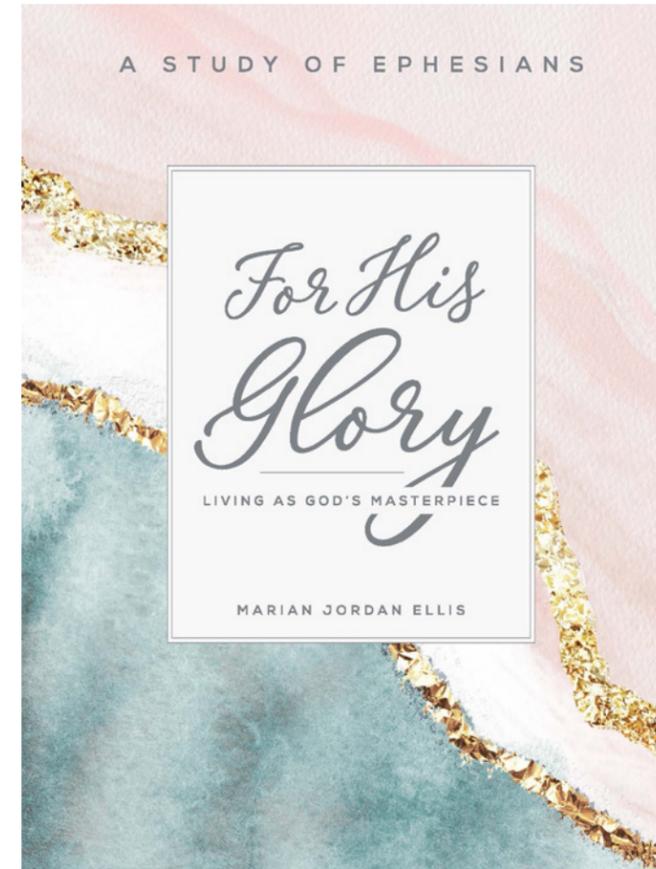
JOHN 10:9-10 (NIV)

## *Hello, I'm Marian*

I am passionate about Jesus and helping to lead others to my Redeemer, which means I'm also passionate about studying and teaching God's Word. After graduating from seminary, I served on the teaching staff of a large church in Houston for many years; and currently I am Director of Women's Ministry at Mission City Church in San Antonio. I teach TueGather, a monthly community Bible study gathering in both San Antonio and Austin for hundreds of women who worship Jesus and study His word.

As the founder and president of This Redeemed Life Ministries, a global movement of women transformed by the grace and truth of Jesus Christ, I speak frequently at women's conferences and events both domestically and internationally.

When I'm not on the road, I enjoy connecting with women through my Bible teachings and blog articles on my website [ThisRedeemedLife.org](http://ThisRedeemedLife.org), App, and YouTube channel. I am the author of the Bible study, *For His Glory: Living as God's Masterpiece* (a verse-by-verse study of Ephesians), and numerous books, including *Stand: Rising Up Against Darkness, Temptation, and Persecution*. I live in San Antonio with my husband, Justin, three children (Andrew, Brenden, and Sydney), and one very spoiled dog, London.



### ***For His Glory: Living as God's Masterpiece***

Participant Workbook  
9781501888687 \$16.99

Leader Guide  
9781501888700 \$14.99

Video Sessions  
9781501888724 \$49.99\*

### **ACTIVITY FROM FOR HIS GLORY**

*Imagine your heart is a literal home to the Holy Spirit. Close your eyes and walk through the house. As you imagine each room, think about what each one represents to you. (For example, the living room could represent your family or entertainment.)*

*Is there a room where you still need to grant God full access?*

*Now, invite the Holy Spirit into this area and yield full control to God.*

\*Video sessions are available on DVD, from any device with an AmplifyMedia.com subscription, or streaming from Cokesbury.com.

# AMBERLY NEESE

*Dear friends, let us love one another, for love comes from God. Everyone who loves has been born of God and knows God. Whoever does not love does not know God, because God is love.*

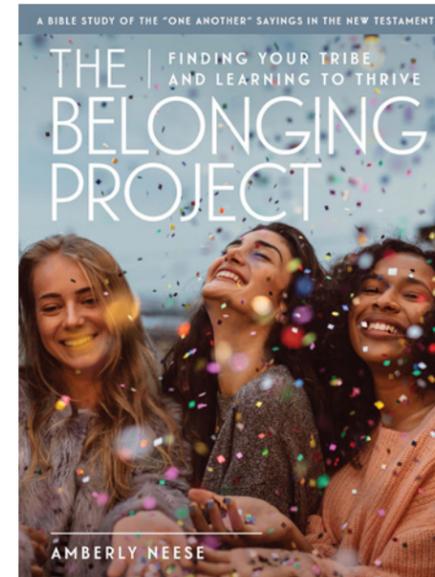
1 JOHN 4:7-8 (NIV)

## *Hello, I'm Amberly*

I'm a speaker, humorist, and encourager with a passion for "GRINspiration." As a featured speaker for the Aspire Women's Events and the main host/female comedian for Marriage Date Night, two popular Christian events that tour nationally, I am dedicated to helping you become the joyful person you were created to be. The Bible says that laughter is good medicine, and I've found it's also like glue—helping the truths of God's Word to "stick." I love to remind people of the power and hope found in Scripture. Through a flair for storytelling and a love for Jesus, I candidly open up my story alongside God's Word to encourage others in their walk with Him.

With a Master's Degree from Biola University, I serve as an adjunct professor at Grand Canyon University and as a fundraising coach for various non-profits. My husband, Scott, and I have two teenagers and live in Prescott, Arizona, where we enjoy the great outdoors, the Food Network, and all things Star Wars.

I am the author of the Bible study *The Belonging Project, Finding Your Tribe and Learning to Thrive*—and coming in Spring of 2021, a new study *Common Ground: Loving Others Despite our Differences* and devotional book *The Friendship Initiative: 31 Days of Loving and Connecting Like Jesus*.



### ***The Belonging Project: Finding Your Tribe and Learning to Thrive***

Participant Workbook with Leader Helps  
9781501898754 \$16.99

Video Sessions  
9781791014520 \$44.99

## **EXCERPT FROM *THE BELONGING PROJECT***

### **The Sandbox of Biblical Community**

Here's a helpful metaphor to keep in mind throughout our study. Friendship in biblical community is like the sandbox many of us played in when we were children. As we shoveled sand alongside others, we learned about sharing space and conflict resolution (not to mention the ramifications of eating sand), gained the skills to build and plan, and gleaned how to share the box with others who were at different stages of development. Often, much to my dismay, I had to learn to share my shovel, bucket, and plastic rake—the tools of the sandbox—with others.

Similarly, the sandbox of biblical community is where we learn to learn and grow with other believers. We can learn more each day about how God is shaping us and the people around us to be more like Him. But we will need to live it out as we share, resolve conflict fairly and peaceably, and have empathy for those who are at different stages in their spiritual development. We also need to accept grace and love from those who have had more time in the sandbox of faith. As we begin to "share the tools" of the sandbox with joy, we come to realize that it is an honor to grow alongside sisters and brothers in the faith.



**COMING  
MAY  
2021**

### ***Common Ground: Loving Others Despite Our Differences***

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9781791014506 \$16.99

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2021**

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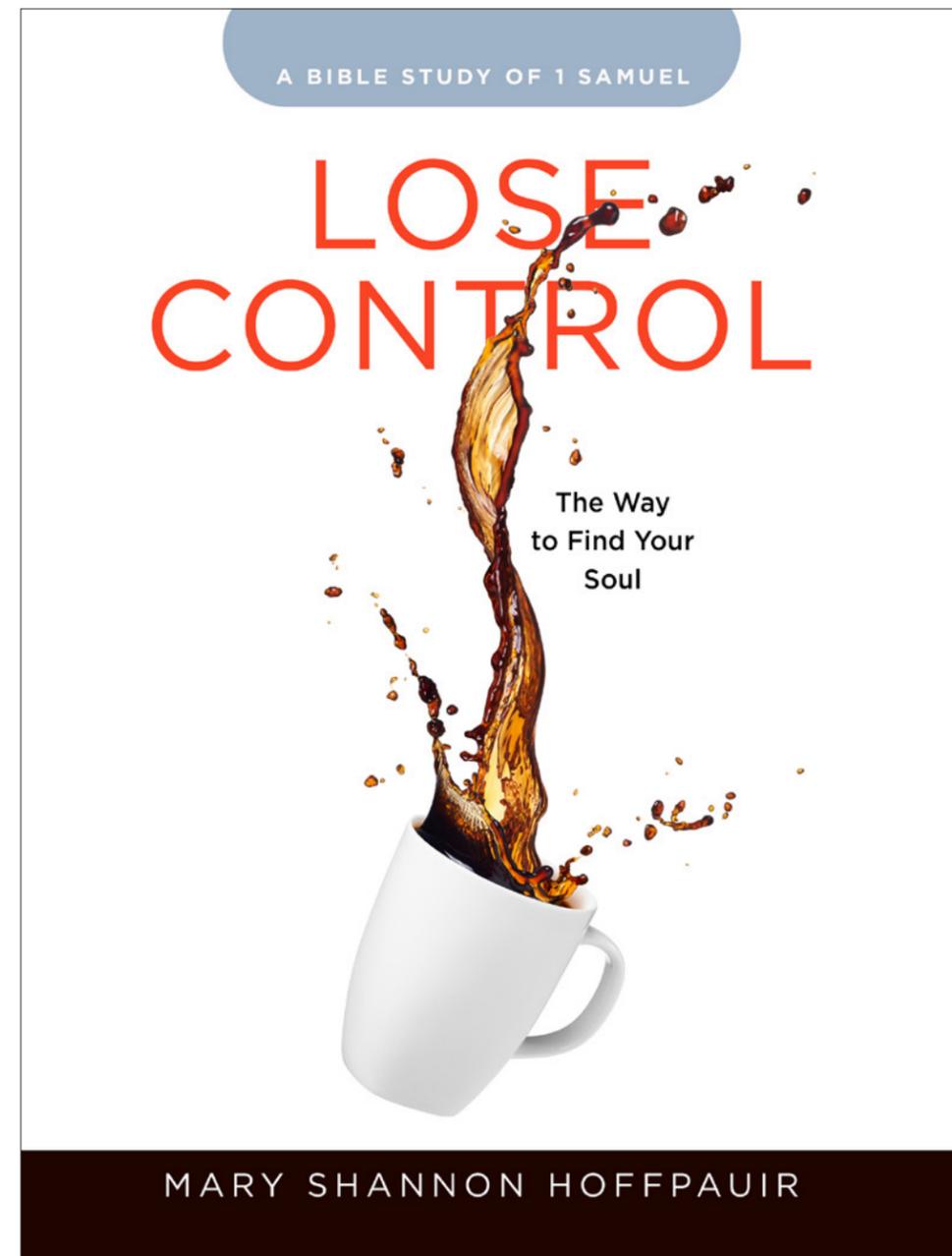
\*Video sessions are available on DVD, from any device with an AmplifyMedia.com subscription, or streaming from Cokesbury.com.

# MARY SHANNON



## *Hello, I'm Mary Shannon*

I love Jesus and God's Word, which is why I encourage women to "get their face in the Book!" My background is rich with a spiritual upbringing rooted solidly in the Bible. But as a self-professed recovering perfectionist, I was bound by performance-based theology much of my Christian life, believing God's affection and approval were contingent on toeing the line of legalism—on measuring up. I'm most comfortable in a ball cap and ripped jeans. Through the combination of transparent storytelling and, quite honestly, a sassy sense of humor about the messiness of life, I hope to give you fresh insights and make you laugh and cry as I seek to bring the Bible to life for ordinary people like you and me. After teaching the Bible in the classroom for many years, I began to teach women in my community; and today I lead three large women's Bible study groups in the Phoenix metropolitan area (200-300 women each), as well as teach across the nation as a featured speaker with the Aspire Women's Events. The loves of my life are my daughter, Hillary, and my late son, Zach.



### ***Lose Control: The Way to Find Your Soul***

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# TIFFANY BLUHM



## *Hello, I'm Tiffany*

I am an author, podcaster, and speaker passionate about empowering women to take their dignified place in the world. In addition to writing the books *She Dreams* and *Never Alone* and their companion Bible studies, I write regularly about the intersection of faith and life, especially where truth, justice, and restoration are paramount. I am committed to encouraging people of faith to live with conviction, substance, and grace. As a minority, immigrant woman with an interracial family, I am passionate about inviting all to the table of faith, equality, justice, and dignity.

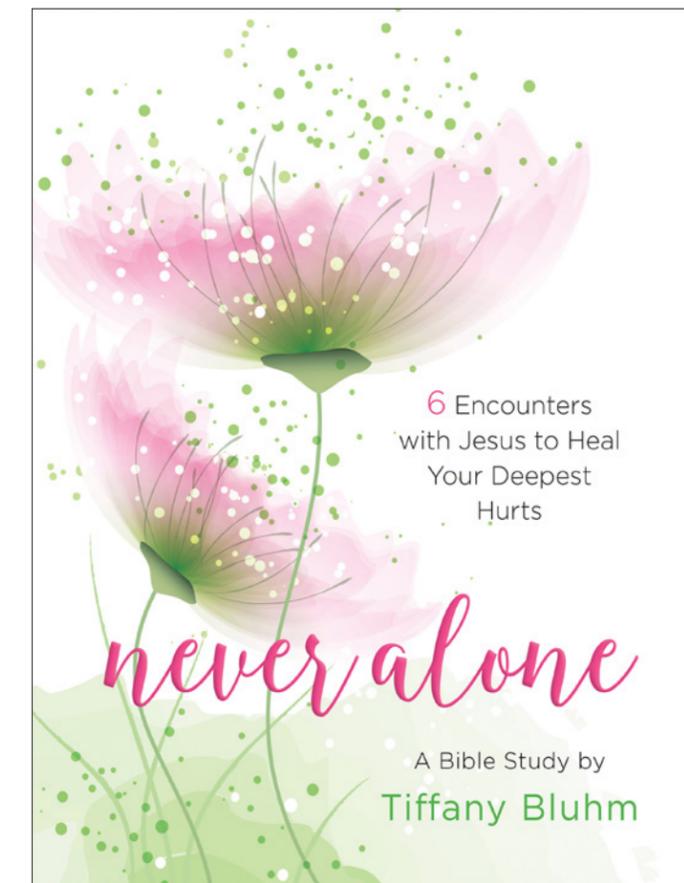
My work has been featured in *World Vision Magazine*, *Pentecostal Evangel*, *TODAY Parents*, *YouVersion Bible app*, the *Hallmark Channel*, *The Jenny McCarthy Show*, and more. Every week, I co-host the *Why Tho* podcast, a show that explores the existential and nonsensical questions we ask ourselves, along with author and speaker, Ashley Abercrombie. In addition to writing and podcasting, I lead and teach at Sip and Savor, a women's gathering centered on fine food and faith discussions in the Seattle area that serves 500 women a year. When I'm not in the Pacific Northwest, I speak at conferences and events around the world.

I live in the Pacific Northwest with my husband Derek, and our two sons, Jericho and Kingston.



### ***She Dreams: Live the Life You Were Created For***

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TIFFANY  
BY  
BOOKS



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# JESSICA LaGRONE

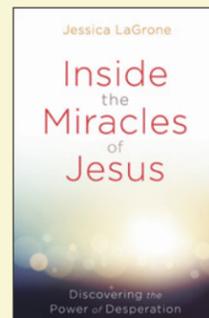


## Hello, I'm Jessica

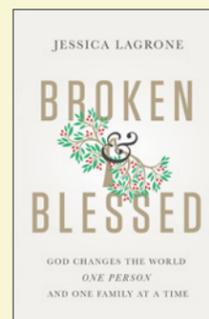
I am a teacher, speaker, writer, ordained pastor, and Dean of the Chapel at Asbury Theological Seminary in Wilmore, Kentucky. I am also mother to my two children, Drew and Kate, and wife to my husband, Jim. My blog at JessicaLaGrone.com chronicles my dual roles of pastor and mom. It is a blog about having a foot in two worlds and being imperfect, inadequate, and available to God in both at the same time.

I enjoy speaking at retreats and events at churches throughout the United States. My books and studies include *The Miracles of Jesus: Finding God in Desperate Moments*; *Set Apart: Holy Habits of Prophets and Kings*; *Broken and Blessed: How God Used One Imperfect Family to Change the World*; *Namesake: When God Rewrites Your Story*; and *Inside the Miracles of Jesus: Discovering the Power of Desperation*.

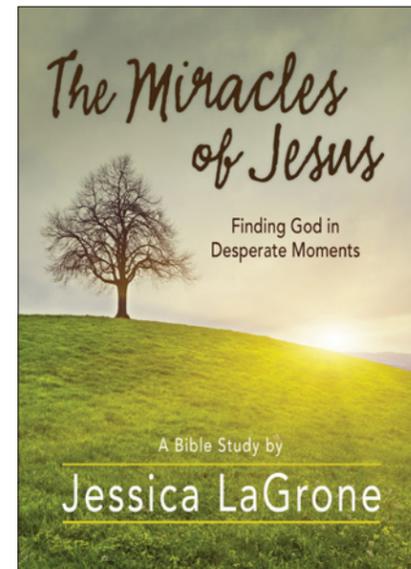
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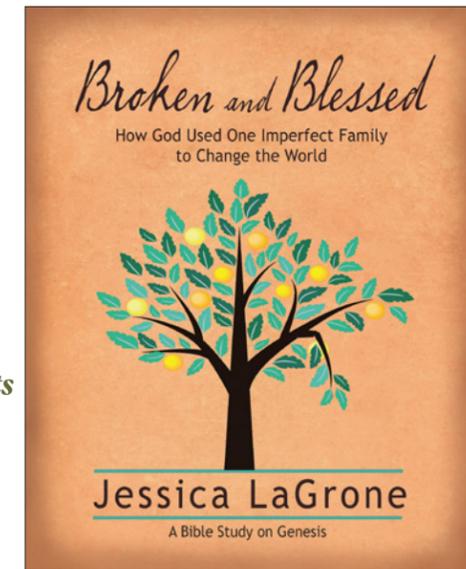
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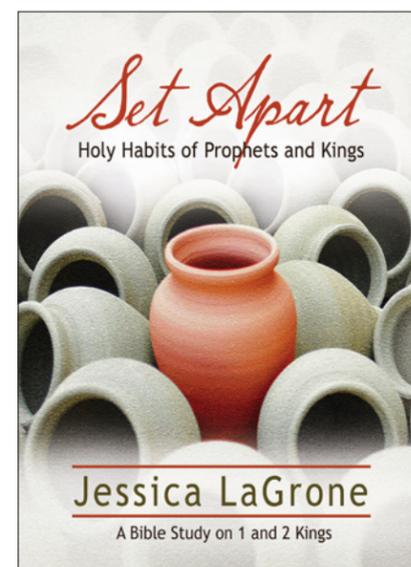
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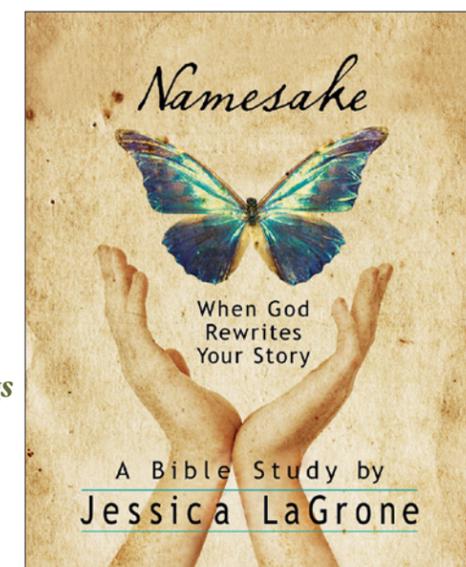
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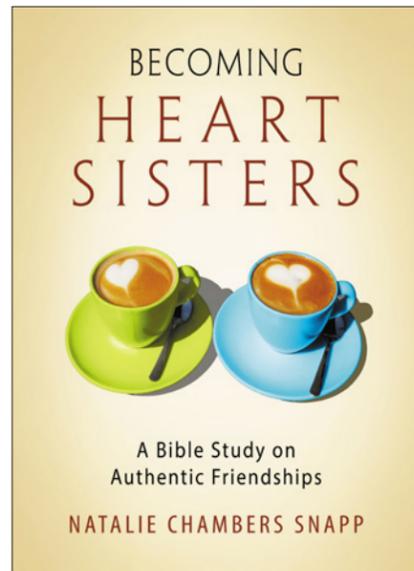
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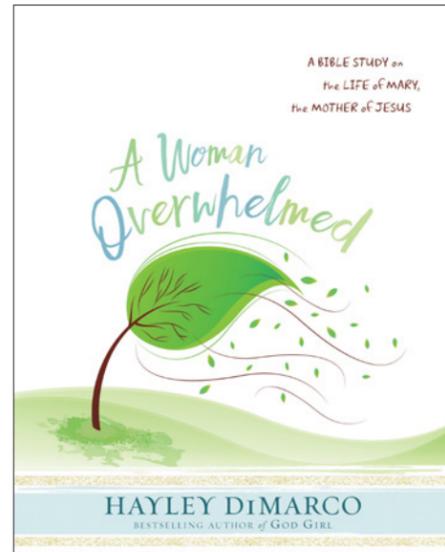
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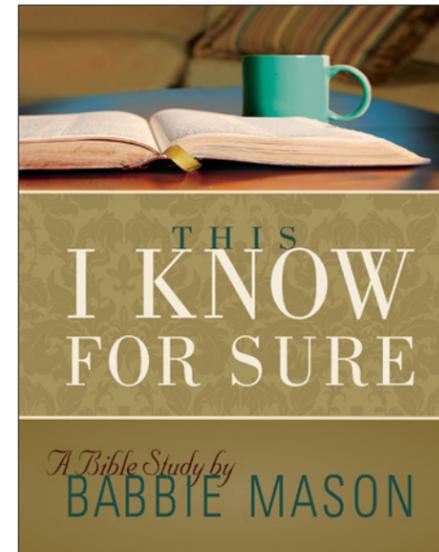
# OTHER BIBLE STUDIES



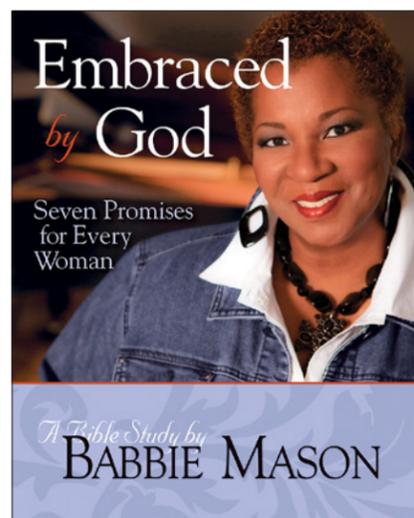
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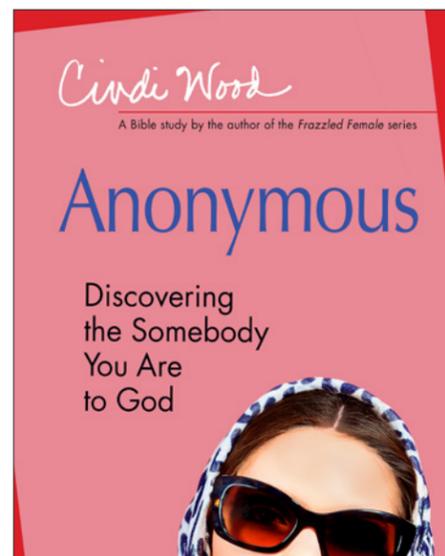
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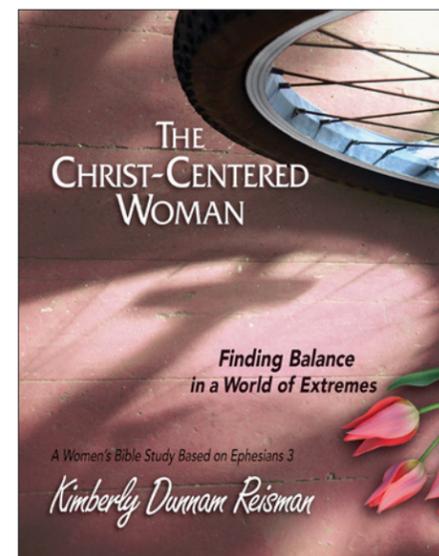
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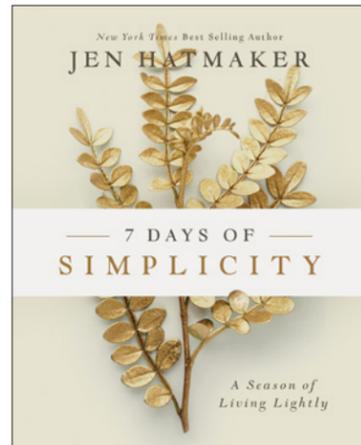
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*The grass  
 dries up;  
 the flower withers,  
 but our  
 God's word  
 will exist forever.*

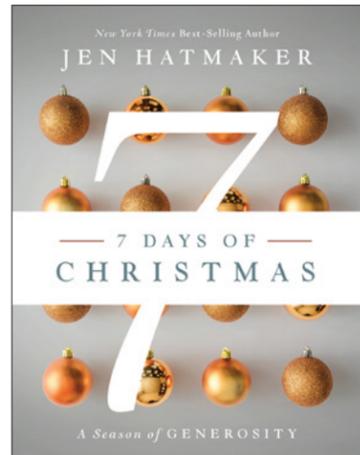
**ISAIAH 40:8 (CEB)**

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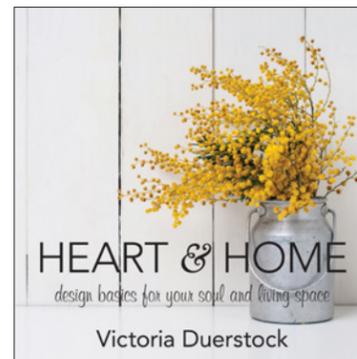
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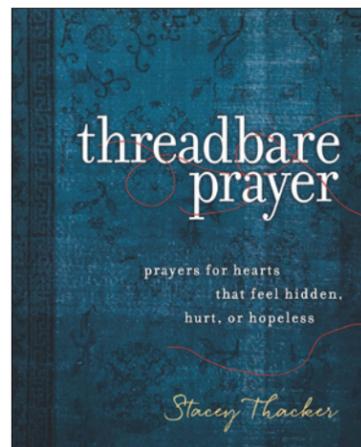
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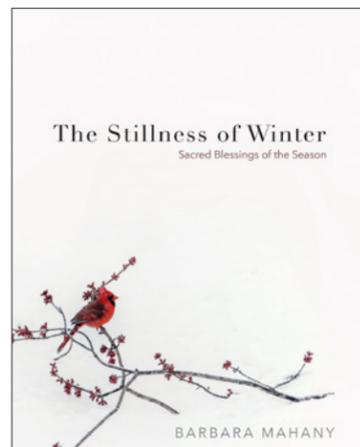
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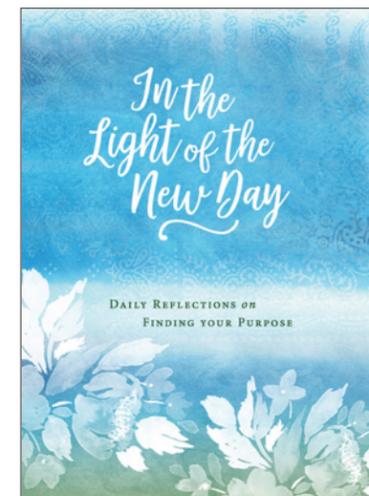
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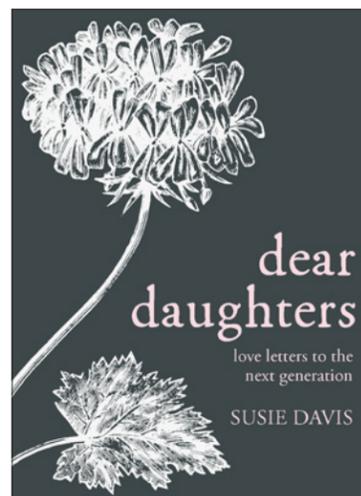
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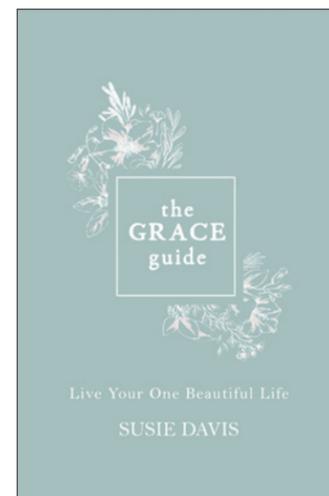
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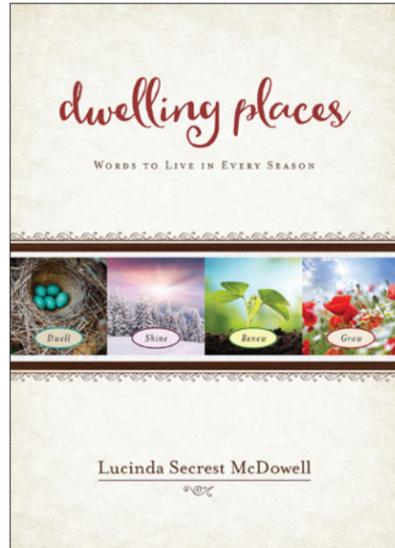
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*Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.*  
**JAMES 1:17 (CEB)**

# BOOKS TO ENJOY



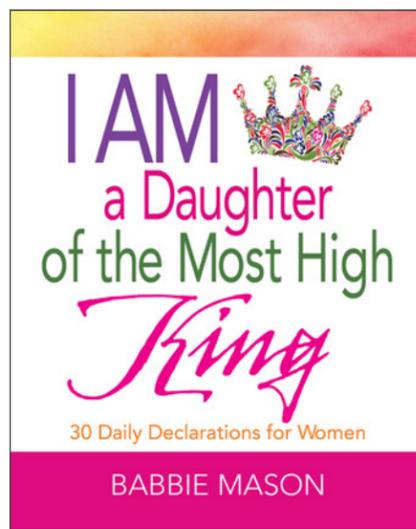
DEVOTIONALS



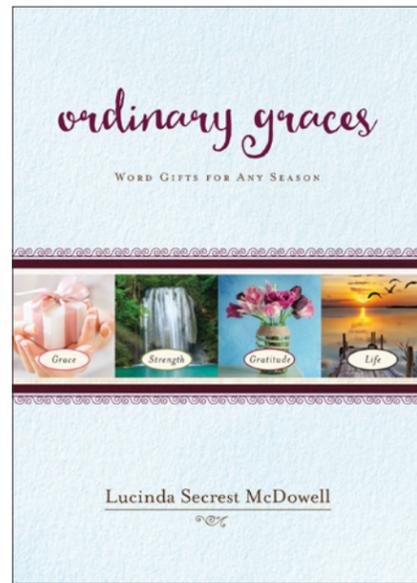
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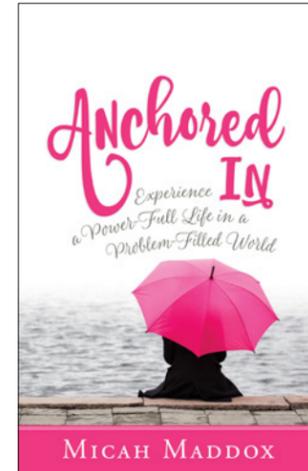


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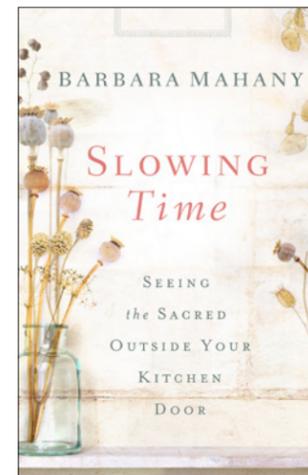


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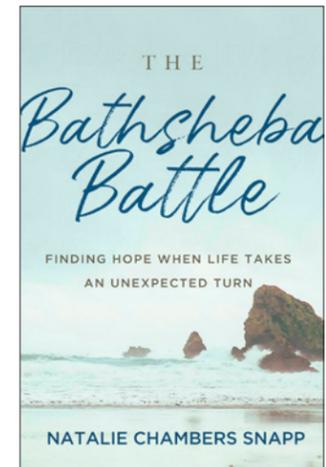
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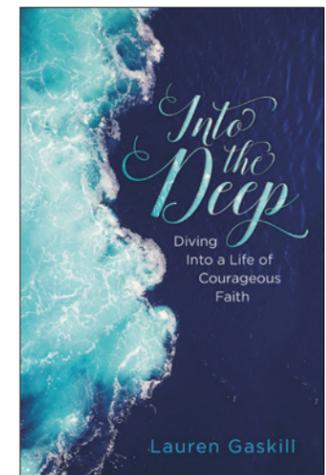
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# 5 KEYS TO HOSTING A VIRTUAL BIBLE STUDY

Provided by Marian Jordan Ellis.

Adapted from her blog at [ThisRedeemedLife.org](http://ThisRedeemedLife.org)

## 1 PRAY!

Have you considered the fact that God may be using this unprecedented season for something glorious? As I look back over 2020, I'm amazed how God has used this pandemic to get women who have never opened a Bible to say "yes" to being in a small group Bible study with friends. The women who led our summer studies prayed for God to move and then stood in awe at how He drew women who desperately needed Jesus into their studies. Start today by praying for God to guide you and lead women to be part of your group.

## 2 BEGIN RECRUITING TODAY!

Many women I talk to are eager to start planning for "normal" life again and are starving for community. This summer, our leaders simply posted a comment on Facebook, letting their friends know they were starting a group. The response was incredible—hundreds of women signed up! All you need to do is to let your friends know your group will meet online and set your date, time, and meeting platform. Early planning gives participants time to order the materials and schedule the meetings.

## 3 CHOOSE A MEETING PLATFORM.

There are several virtual meeting options on the market, but we prefer the simplicity and privacy that Zoom offers. Important note: the basic Zoom (free) plan only allows for 40 minutes, which doesn't provide much time for watching the teaching video and group discussion. To upgrade for unlimited time is \$14.99 per month, and you can easily cancel after your study concludes. Here are two quick tutorials for anyone new to Zoom:

- How to use Zoom on a MAC ([www.youtube.com/watch?v=iagJnvy6lLY](http://www.youtube.com/watch?v=iagJnvy6lLY))
- How to use Zoom on a PC ([www.youtube.com/watch?v=uelaugxiuW0](http://www.youtube.com/watch?v=uelaugxiuW0))

## 4 ORDER BIBLE STUDY MATERIALS.

Ask each participant to order the Bible Study workbook. The group leader or host church should download the teaching videos. (Note: The person hosting the Zoom meeting needs the teaching videos downloaded on their computer to watch together on Zoom.)

Teaching videos are available from [AmplifyMedia.com](http://AmplifyMedia.com) (subscription based) or from [Cokesbury.com](http://Cokesbury.com) (one-time purchase).

## 5 HOST YOUR FIRST MEETING:

- Begin your meeting by asking everyone to introduce themselves.
- Open with prayer and then follow session outline to have group discussion and watch the video in the order designated in the leader guide.
- When it's time to watch the video, simply click the GREEN button that says "Share Screen" and then play the video from your computer.



I can't help but think about Queen Esther when I ponder the season of Covid-19. She was a woman whom God positioned for a divine purpose ... "for such a time as this"! Could it be that God has placed you in this season ... for such a time as this? You could be the reason a friend meets Jesus, experiences God's grace, and begins her walk of faith. All you need to do is take the step of inviting her to join you as you study God's Word!



Access Abingdon Women and other Bible study video sessions, inspirational short videos, and children's content available anywhere from any device from Amplify Media. Church or individual subscriptions for group leaders and members are available.

Start your two-week free trial at [AmplifyMedia.com](http://AmplifyMedia.com).

Amplify Media is a streaming service allowing churches large and small unlimited video access in order to discover, customize, and share diverse resources that encourage deeper discipleship and equip churches to pursue their mission with greater impact.



*Dear friends, let us love one another,  
for love comes from God.*

*Everyone who loves has been born of God  
and knows God. Whoever does not love does not  
know God, because God is love.*

**HEBREWS 10:25 (CEB)**

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Please contact your preferred retailer for purchasing or ordering information.  
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